



Toilet Bowl Cleaner

For the toilet I have 2 different cleaning methods.

First flush the toilet. When the tank has refilled sprinkle baking soda all around the bowl.

Sprinkle about 4 drops of tea tree,
4 drops of eucalyptus and
4 drops of rosemary in bowl.

I put on rubber gloves and use a soft scotch guard pad to scrub around the bowl and up under the rim.

Flush the toilet.

For more intense cleaning I use Hydrogen Peroxide 3%.

Pour 1/2 to 1 cup of hydrogen peroxide around the bowl and under the rim.

Let it sit for at least 15 minutes. Again I use rubber gloves. I do not use any essential oils with this method.

For in between cleanings add a few drops of your favorite essential oil(s) to the bowl for instant freshness.

Safety Guidelines : Always keep essential oils out of the reach of children ; they are powerful substances and some are potentially toxic if ingested. Some oils can irritate skin so they must be mixed with water, or some other medium before use. Some oils should be avoided during pregnancy. To learn which oils are safe during pregnancy please contact a qualified aroma-therapist.